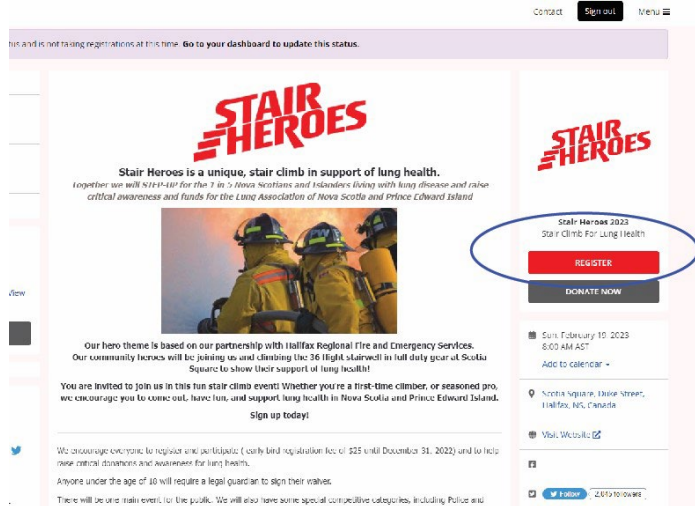


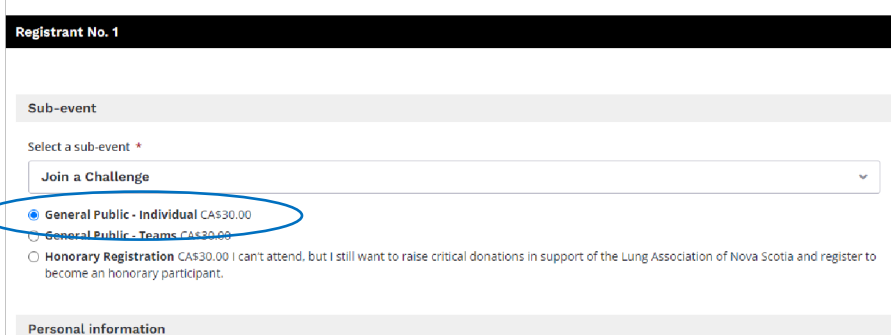


How to Register a Team and/or Individual (General Public)

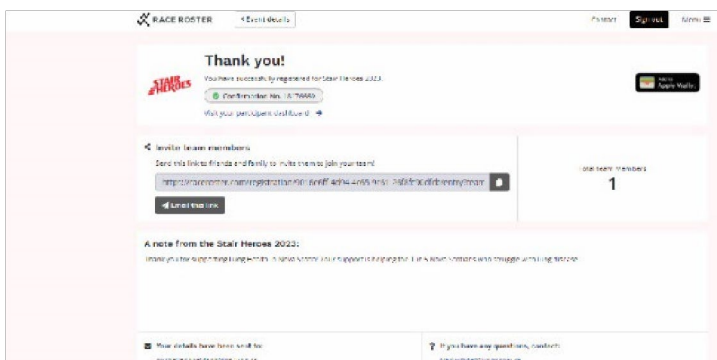
1. To Register as part of the general public, click on the red “Register” button on the right hand navigation of the site



2. If you are competing by yourself (and not in a team), select “General Public”



3. If you are competing as part of the general public (not a special challenge) and want to enter or join as a team, choose “General Public – Teams.” You can choose to be added to a team that’s already been created, or you can choose to create your own team.
4. Complete your registration by signing the waiver. We appreciate any donation size made to jumpstart fundraising efforts.
5. At the bottom of the registration confirmation, you can click “View Fundraising Page” to customize your fundraising page:

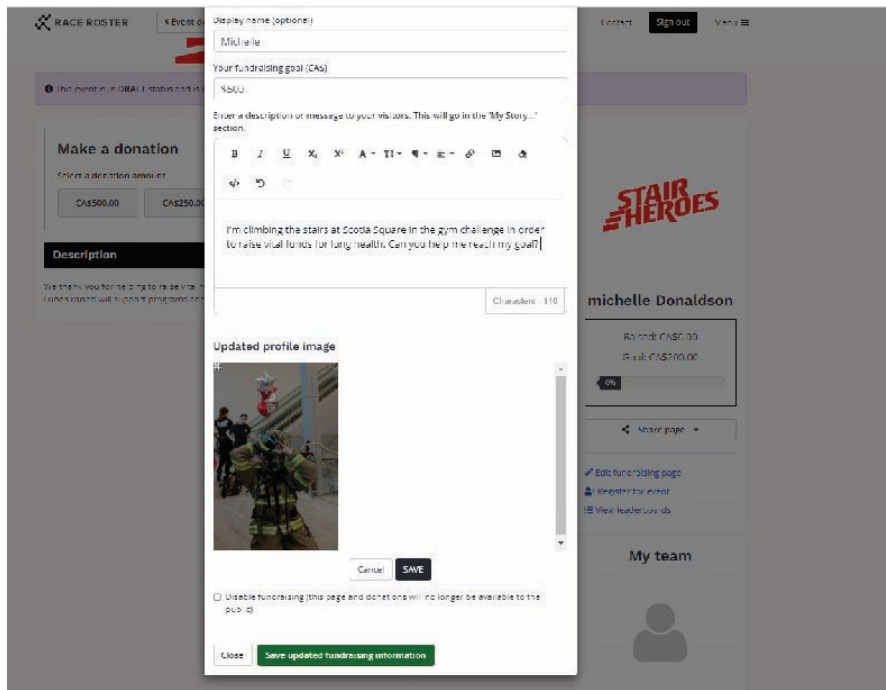


6. Click “Edit Fundraising Page” from the right hand navigation

The screenshot displays the RACEROSTER fundraising interface. At the top, there's a navigation bar with 'RACEROSTER' and 'Event details'. Below this, a notification banner states: 'This event is in BIKED status and is not taking registrations at this time. Go to your dashboard to update this status.' The main content area is split into two columns. The left column features a 'Make a donation' section with a 'Select a donation amount' dropdown and buttons for CA\$50.00, CA\$100.00, CA\$50.00, CA\$25.00, and Other. Below this is a 'Description' section with a black header and a paragraph of text. The right column shows the profile for 'michelle Donaldson' with a progress bar indicating 'Raised: CA\$0.00' and 'Goal: CA\$2000.00'. A 'Share page' button is located below the progress bar. A navigation menu at the bottom of the right column includes 'Edit fundraising page' (circled in blue), 'Register for event', and 'View leaderboards'. Below the menu is a 'My team' section with a placeholder for a profile picture.

7. Fill out your name, a short paragraph to tell people why they should support you, and upload a picture to complete your profile! If you need fundraising tips, you can visit our website at StairHeroes.ca. Share the link with friends and family to get their support!

Should you need any assistance with registration, please reach out to Michelle at: michelledonaldson@lungnspei.ca or call 902-443-8141 x23



If you have any issues creating or joining a gym challenge team, please call Michelle Donaldson at 902-443-8141 x 23 or email michelledonaldson@lungnspei.ca